


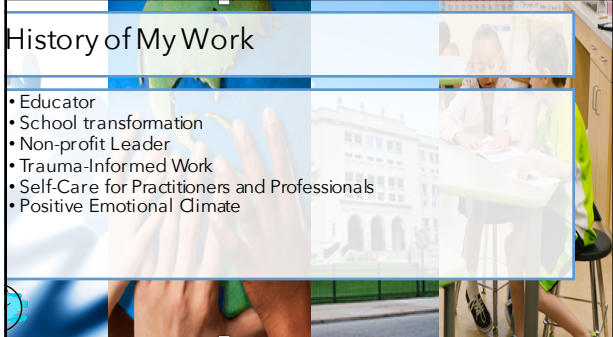
Identity and the Power of Story

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History of My Work

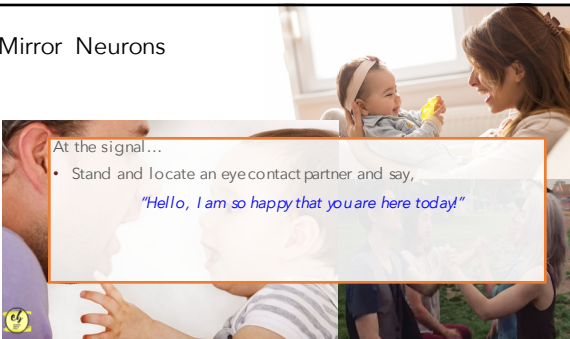

- Educator
- School transformation
- Non-profit Leader
- Trauma-Informed Work
- Self-Care for Practitioners and Professionals
- Positive Emotional Climate



Mirror Neurons

At the signal...

- Stand and locate an eye contact partner and say, *"Hello, I am so happy that you are here today!"*

Intended Outcomes


- Understand key influencers of personal identity
- Deepen awareness of the power of story as healing and harmful
- Understand the relationship between personal story and personal outcomes
- Explore different strategies to engage students and staff in the power of personal story

Introductions

Please choose a representative to stand and introduce your group to the room.

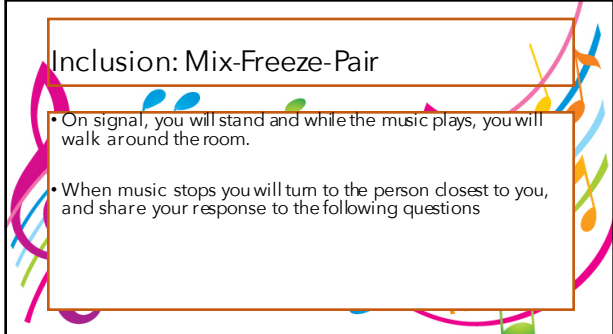
Please share:

- Names of your group members
- What grades and/or subject(s) they teach
- How long have everyone has worked with Pomona Unified



Inclusion: Mix-Freeze-Pair

- On signal, you will stand and while the music plays, you will walk around the room.
- When music stops you will turn to the person closest to you, and share your response to the following questions

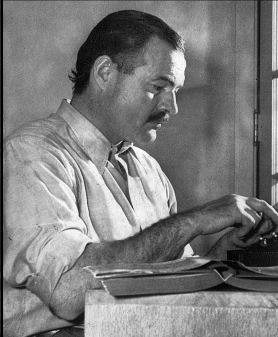


With your partner, respond to the following:

Share one of your favorite childhood stories.

How did that story make you feel?

How does this story still ring true for you?




Six-Word Memoir

Once asked to write a full story in six words, legend has it that novelist Ernest Hemingway responded:

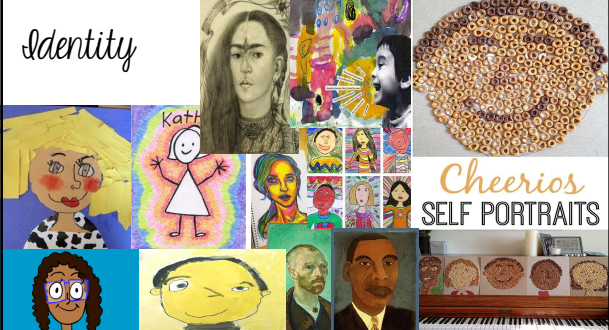
"For Sale: baby shoes, never worn."

Please take an index card, and write a six-word memoir on the front.

Untying the Knot





Identity



Kath


Cheerios SELF PORTRAITS

Identity - qualities that make us what we are and different from other people.

"The stories we tell literally make the world. If you want to change the world, you need to change your story. This truth applies both to individuals and institutions."

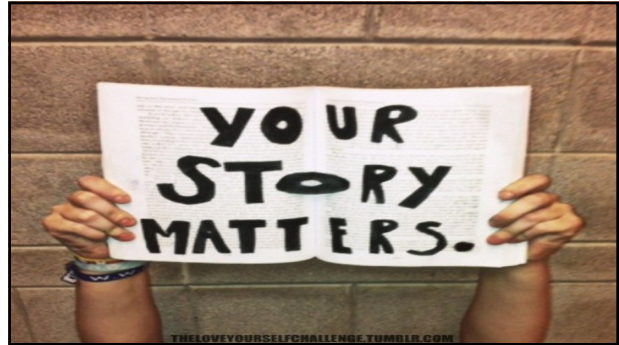
Michael Margolis



ivoh

Story Stems

Using the story stems on your table, pull a stem and share a story that completes the prompt.



One-Function Break

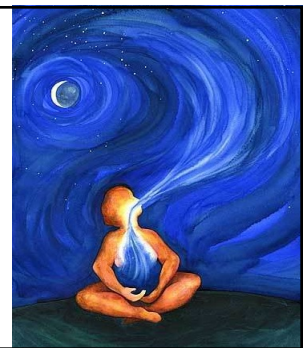


Tell Your Story

- How do you see yourself? Describe yourself in pictures or words.
- How do you think others see you?
- How do you want people to see you—what you want to show the world? (Worldview)



*People don't
buy what you do,
they buy why you
do it.*



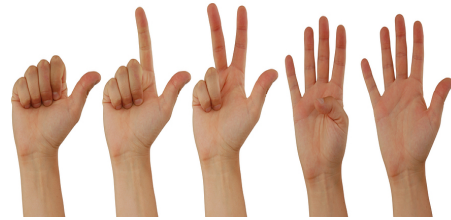
Against All Odds

When was a time that you did something against all odds?

What was it and what did you learn about yourself and the world?



Finger Feelings



Recipe for Resilience

Resilience Recipe:

Meaningful relationships:

Accomplished something against all odds

One time I honored my truth:

When I failed at something and kept trying until I was finished (growth minds & pride):

What I do well:

What makes me happy:

One thing I can count on (not yours if):

I feel good when I (physical action):

Trauma-Informed Practices: Beneficial For All Students

- Always empower/never disempower
- Provide Unconditional Positive Regard
- Maintain High Expectations
- Check assumptions, observe, and question- sometimes behavior is the only way they know how to communicate
- Be a relationship coach (explicitly teach how to have healthy relationships)
- Provide opportunities for meaningful participation
- Foster development of metacognitive processes and self-awareness
- Integrate students' prior knowledge, experiences and cultural inventory in lessons and classroom climate

(R. Hull and E. Rossen, 2013)



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