



# Legacy

SUMMIT

FRIDAY  
2.25.2022

8:30AM – 12:30PM  
*and/or*  
1:00PM – 5:00PM

[LEGACYSUMMIT.ORG/REGION-6-2022](https://LEGACYSUMMIT.ORG/REGION-6-2022)

#LEGACYSUMMIT



## WELCOME TO THE REGION 6 LEGACY SUMMIT!

Dear Colleagues,

It is an honor and pleasure to officially welcome you to the 2022 Legacy Summit. As we settle into Spring and look forward to summer, we take this opportunity to express our gratitude to all of you expanded learning practitioners who showed up every day as the leaders of your school districts despite all the challenges and opportunities presented this year. The BOOST Collaborative in partnership with the Region 6 Expanded Learning Programs are thrilled to provide this learning and networking opportunity to Region 6. Our team is delighted to be able to offer sessions focused on restorative practices, engagement, social emotional learning and more. It is our hope that the lessons learned will be put into practice when you return to program and the people you meet will become a part of your community of influencers and allies.

As we look forward to where we are headed it is important to reflect and ask ourselves, WHAT IS MY LEGACY?

Enjoy the Summit!

**Danielle Jones**

*Region 6 SSEL Lead*

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## SCHEDULE AT-A-GLANCE

### Morning Summit

8:30am-8:45am	Check in and Icebreaker
8:45am-9:00am	Welcome, Introductions & Intentions for the Day
9:00am-10:00am	Workshop 1
10:00am-10:10am	Comfort Break
10:10am-11:10am	Workshop 2
11:10am-11:15am	Comfort Break
11:15am-12:15pm	Workshop 3
12:15pm-12:30pm	Closing, Reflection, Raffle
12:30pm – 1:00pm	Lunch Break

### Afternoon Summit

1:00pm-1:15pm	Check in and Icebreaker
1:15pm-1:30pm	Welcome, Introductions & Intentions for the Day
1:30pm-2:30pm	Workshop 1
2:30pm-2:40pm	Comfort Break
2:40pm-3:40pm	Workshop 2
3:40pm-3:45pm	Comfort Break
3:45pm-4:45pm	Workshop 3
4:45pm-5:00pm	Closing, Reflection, Raffle

## VISIT OUR ONLINE EXHIBIT HALL

Browse through our Vendor Marketplace featuring a wide range of innovative products and services to enhance your programs and classrooms.

[https://boostcafe.org/vendor\\_market\\_place/](https://boostcafe.org/vendor_market_place/)

# LEGACY SUMMIT SCHEDULE

## Morning Summit

8:30am-8:45am

Check in & Icebreaker

The Legacy Summit will allow participants in from the waiting room during this time and offer interactive icebreakers before we begin the program.

8:45am-9:00am

Welcome, Introductions & Intentions for the Day

Welcome to the 2022 virtual Legacy Summit Morning Session.

9:00am-10:00am

Workshop 1

### Creating Brave Spaces Where SEL Can Thrive

Justin McGlamery, Chief Locus Focuser, Focus Your Locus Teambuilding Training & Development, Hartford, CT; Kamora Herrington, Founder & Visionary, Kamora's Cultural Corner, Hartford, CT

Social and Emotional Learning (SEL), in addition to becoming all the buzz, has become an integral component of education and should help all children and adults to thrive personally and academically, and/or professionally. When SEL activities are introduced and led through a culturally humble lens, these lessons become more applicable and accessible, more meaningful, and more relevant to more people. This session will provide an introduction to the intersections of Cultural Humility and SEL work and how we must step out of our comfortable "safe spaces" and step confidently yet humbly into "brave spaces", where real social and emotional learning can take place.

10:00am-10:10am

Comfort Break

Refill your coffee, take a stretch, and refresh your body and mind. This is also a great time to visit our online exhibit hall [https://boostcafe.org/vendor\\_market\\_place/](https://boostcafe.org/vendor_market_place/)

10:10am-11:10am

Workshop 2

### Elevate and Celebrate Our Resilience through Emotional Intelligence

Dr. Robin Elliott, Associate Dean, Director Harmony SEL/Inspire Teaching & Learning of Long Island University, Brooklyn, Long Island University, Brooklyn, NY

This interactive workshop will examine the cornerstone of resilience development as we explore our inner strength and malleability. We will identify the value of enhancing our Emotional Intelligence through the competency of Self-Awareness. Through evidence-based, daily practices, and celebrations of our individual strengths, we will learn how to cultivate positive relationships with ourselves and others. The goal of this workshop is to cultivate and sustain resiliency as we continue to significantly impact the well-being and reinvigoration of communities.

11:10am-11:15am

Comfort Break

Refill your coffee, take a stretch, and refresh your body and mind. This is also a great time to visit our online exhibit hall [https://boostcafe.org/vendor\\_market\\_place/](https://boostcafe.org/vendor_market_place/)

11:15am-12:15pm

Workshop 3

### Supporting Mental Health in Youth

Sarah Mello, MA, MS, LPC, ACS, Owner/Clinical Director; Marina Bednarek, MA, LAC, Here and Now Counseling and Consulting, Collingswood, NJ

Before the pandemic, the numbers regarding youth mental health were discouraging. One in five teens and young adults lives with a mental health condition. More than 1 in 3 high school students reported persistent feelings of sadness or hopelessness in 2019 and suicide rates among youth ages 10 – 24 increased by 57% over ten years. The pandemic added to challenges faced by our youth, disrupting lives and limiting in-person interaction with peers. As with every health concern, the negative impacts most heavily affect the more vulnerable youth, many of whom are served by out-of-school programs.

Afterschool educators are uniquely positioned to be key players in the support of mental health in our youth. This session will highlight ways providers can recognize when there may be a mental health issue and use their skills of listening and meaningful relationship-building to help connect youth to resources and professional help.

## LEGACY SUMMIT SCHEDULE

12:15pm-12:30pm

Closing, Reflection, Raffle

We will close out our morning by reflecting on our learning and offering a fun opportunity raffle!

12:30pm-1:00pm

Lunch Break

Enjoy your lunch break. Please take some time to visit our online exhibit hall  
[https://boostcafe.org/vendor\\_market\\_place/](https://boostcafe.org/vendor_market_place/)

### Afternoon Summit

1:00pm-1:15pm

Check in and Icebreaker

The Legacy Summit will allow participants in from the waiting room during this time and offer interactive icebreakers before we begin the program. Welcome back to our morning participants and our new afternoon participants!

1:15pm-1:30pm

Welcome, Introductions & Intentions for the Day

Welcome to the 2022 virtual Legacy Summit Afternoon Session.

1:30pm-2:30pm

Workshop 1

#### Building a Transformative Organizational Culture

*Fausto Lopez, Co-Founder; Steven Rosado, Director of Engagement & Strategy, Praxis Institute, Chicago, IL*

To transform organizational culture and lead inclusive teams requires focus on critical areas including self- and social awareness, collaboration, transparency, and trust. This session engages participants in collaborative practices that share tools and resources for establishing an inclusive and collaborative culture. Through this workshop participants will learn how to deepen connections and trust within their team; explore individual and collective vision, priorities, and goals; support meaningful connections across and within identity groups; and discuss leadership structures, styles, and power dynamics. The session will provide participants with tools, resources, and applied strategies to develop goals and implementation plans to take back to their teams and engage in shared decision making and accountability in their organization.

2:30pm-2:40pm

Comfort Break

Refill your coffee, take a stretch, and refresh your body and mind. This is also a great time to visit our online exhibit hall  
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2:40pm-3:40pm

Workshop 2

#### Enlisting Liberatory Language

*Tiveeda Stovall, CEO, Griffin Legacy & Associates, Washington, D.C.*

During the workshop, we will explore and practice using common liberatory language. Language liberation is a key tool for transforming interactions where current and historical inequities of power, visibility, advocacy, resources, and voice. We will examine strategies grounded in Truth & Reconciliation and Reparations to address repairing historical harms and actualizing collective power in the present.

3:40pm-3:45pm

Comfort Break

Time for a deep breath and a stretch!

3:45pm-4:45pm

Workshop 3

#### Normal Sucks

*Jonathan Mooney, Author, Entrepreneur, Activist, Santa Monica, CA*

Come listen to Jonathan Mooney's inspirational talk about how normal sucks and different does not mean deficient — and we shouldn't be striving for, or enforcing, normalcy on anyone. He will share his personal experiences as a dyslexic, ADD, and neuro-diverse student who did not learn to read until he was 12 years old in a presentation filled with humor, knowledge, and, most importantly, hope.

4:45pm-5:00pm

Closing, Reflection, Raffle

We will close out our day by reflecting on our learning and offering a fun opportunity raffle!



# PLEASE COMPLETE THE OVERALL EVALUATION(S) AND PROVIDE FEEDBACK ON YOUR LEGACY SUMMIT EXPERIENCE. THANK YOU!

Morning Summit



Afternoon Summit



Take a deeper dive and continue your learning on the BOOST Cafe. Create a FREE profile and join the Region 6 BOOST Cafe Group.

[VISIT HERE](#)



Stay connected to the 2022 Legacy Summit speakers on the BOOST Cafe. Visit the Speaker's Corner to learn more about their work and services.

[www.boostcafe.org/speakers\\_corner](http://www.boostcafe.org/speakers_corner)

## THANK YOU TO OUR LEGACY SUMMIT RAFFLE DONORS!



Participants attending the entire Legacy Summit will be automatically entered to win FREE BOOST CONFERENCE registration April 26-29, 2022 in sunny Palm Springs, CA. [www.boostconference.org](http://www.boostconference.org)

